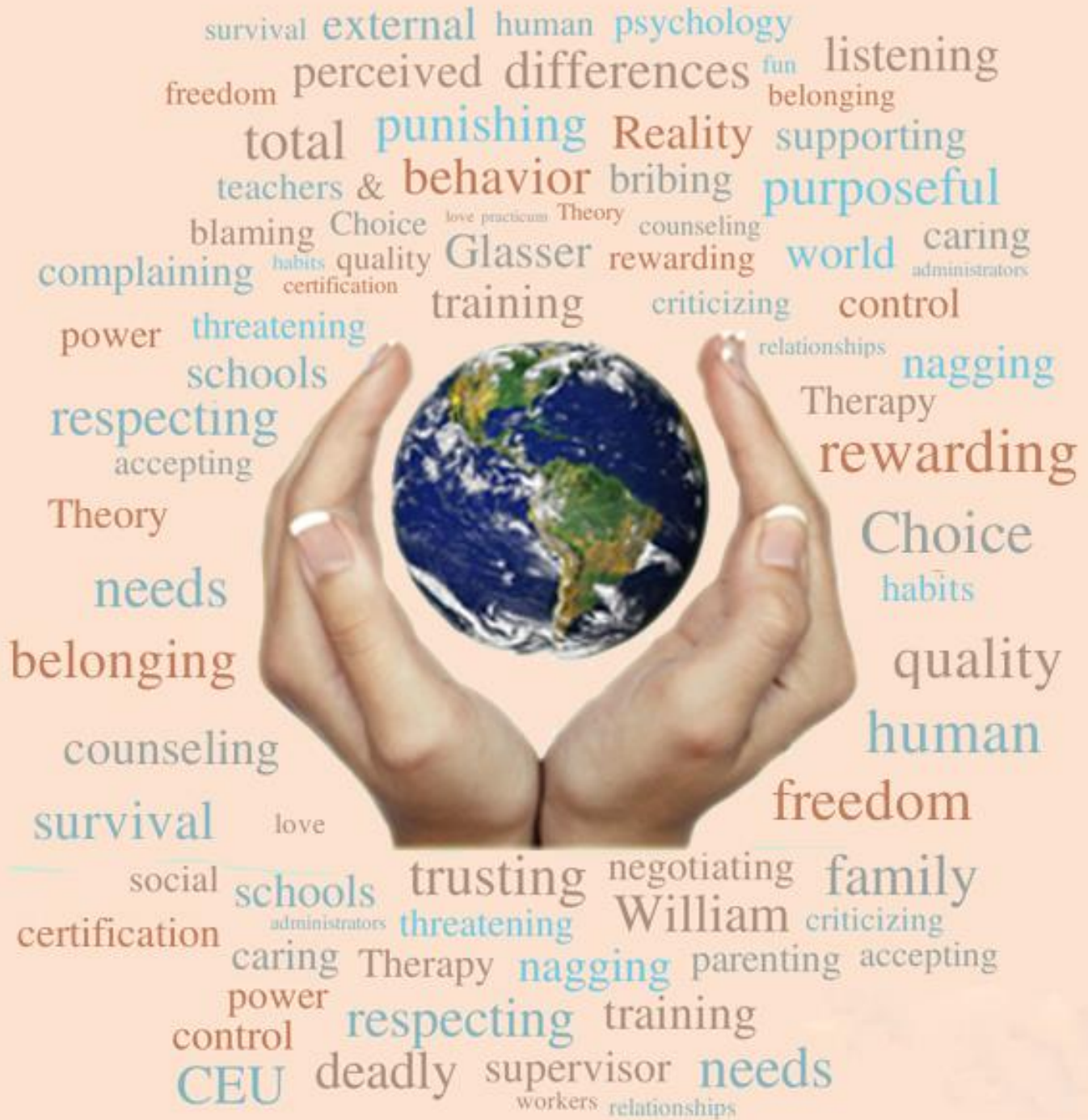


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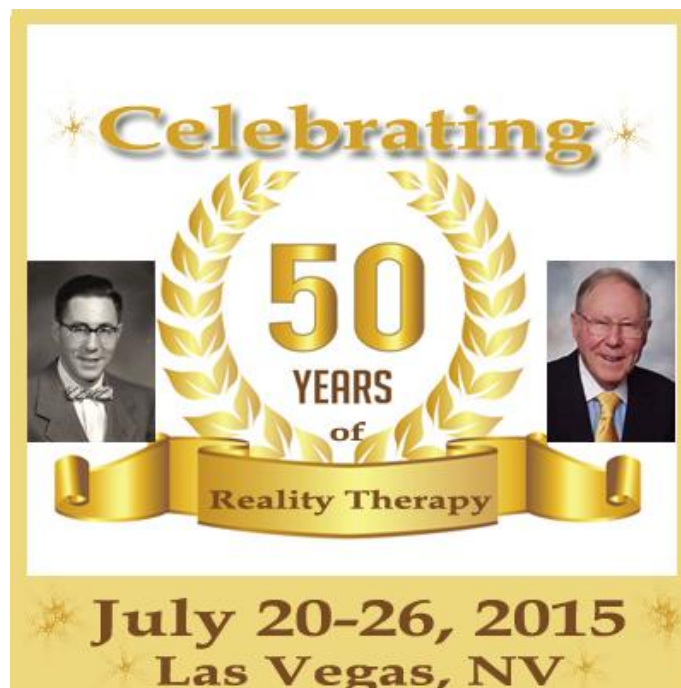
Newsletter



Teaching the world choice theory

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Message from the Executive Director



I am so excited about 2015 at WGI-US! The Board just finished its face-to-face meeting in Dallas over the January 16th weekend and we have much planned. The biggest part of our planning is to open up more collaboration, cooperation and partnership opportunities with our members. We want to leave the industrial age of working tirelessly like drones on an assembly line behind and enter into the Participation Age. Dr. Glasser and W. Edwards Deming spoke of this in their work. Chuck Blakeman talks about making meaning instead of money. These ideas resonate with all of us on the board and we hope they do with you too. We want to provide opportunities for any certified individuals to form a relationship with WGI-US that forges a

win/win/win experience – a win for you, a win for WGI-US and a win for our members and customers. We already have some examples of this. Have you noticed in our webstore our most recent two items? One is Treatment Planning from a Choice Theory Perspective by Mike Fulkerson and the other is Choice by Alan White. Both of these provide our members and customers with products they are looking for. Choices is a guide to help young people make better choices to care for their mental health. Because this is a physical product sold on the WGI-US website, Alan gets 90% of all sales while WGI-US gets 10%. In Mike Fulkerson's case, he had a digital product that helps counselors and therapists create a treatment plan using Choice Theory principles. This has been our best-selling product to date. Because Mike created it once and does not interact with customers after the fact, he gets 25% of all sales and WGI-US gets 75%. We have other partnerships with other people where there is a 50/50 split. Visit our webstore for more information, <http://wglasser.com/webstore>. The only requirements are that you need to be offering a product that is compatible with our mission of teaching the world Choice Theory, the concepts must be aligned with Choice Theory and you need to be a dues-paying certified member of WGI-US. Is there something you would like to offer in the form of a product or program? Are you interested but unsure what this could look like? There will be a session in Las Vegas to discuss the plans and details for our cooperative ventures going forward in 2015 and beyond . . .

This year marks the 50th anniversary of the publishing of *Reality Therapy*, a revolutionary book that changed the complexion of psychotherapy in the 60s. Up until that point, most therapy centered around a long-term exploration of one's past to get at the root of psychological issues. While Dr. Glasser recognized the importance of a person's history, he stated, "What happened in the past that was painful has a great deal to do with what we are today, but revisiting this painful past can contribute little or nothing to what we need to do now." [*Reality Therapy: A New Approach to Psychiatry*](#) (Colophon Books) is still relevant and in print today, available at your local bookstore or online.

While Dr. Glasser's Reality Therapy is still relevant today, we are preparing for Reality Therapy: The Next 50 Years by creating an RT app for mobile devices, developing a Counselor's Directory online and raising funds for our Youth Council to reach out to college students. We would love to have your help in the next 50 year plan in Las Vegas at the Celebration of 50 Years of Reality Therapy conference from July 22-25, 2015. There will also be training offered prior to the conference. We need to get as accurate a count as we can to move forward with signing the hotel contract. Please let us know your intention for attending with a simple \$25 deposit. You can do so here: <http://www.wglasser.com/upcoming-events/upcoming-conferences>

We are also having our General Annual Meeting of the Board in Las Vegas the morning of July 26th so we are hope you plan to attend.

Our research committee has been working tirelessly to review the copious research that has been done in Choice Theory and Reality Therapy so they can submit an application to NREPP, resulting in CT/RT being listed as an Evidence-Based Practice. Europe has already given a similar status to Reality Therapy from the European Association of Psychotherapy. A big thank you to committee chair, Janet Morgan, and committee members, Beverly LaFond, Mike Fulkerson and Jeri Ellis.

Our Youth Committee, under the direction of Jaimie Chambers, is working on being more invitational to students in colleges and universities. If you have an interest in learning more about or serving on our Youth Council, check it out here: <http://www.wglasser.com/who-we-are/youth-council>.

We also have a wonderful Diversity Council, led by Gloria Cissé, that is doing an outstanding job of providing informational pieces about distinct groups of people. There have been calls centering around various topics of difference in an attempt to open conversation toward better understanding. If you are interested in the Diversity Council or in joining the Difficult Discussions in Diversity, then check it out here: <http://www.wglasser.com/teleconferences/difficult-discussions-in-diversity>.

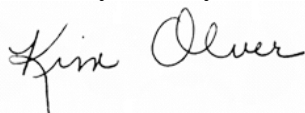
We are also moving ahead with our categories of Subject Matter Experts. So far we have received one application and you will soon be able to see this area on our WGI-US website so keep alert for that to be happening in 2015.

Our quality school committee, led by Bob Hoglund, has done a fabulous job updating Dr. Glasser's criterion to become a Glasser Quality School while also creating a four-point rubric for schools to use in their self-evaluation. Other committee members include Sue Tomaszewski, Peter Driscoll, and Steve Hammond.

The Counseling Committee, under the direction of Bruce Allen, is looking to implement monthly CEU webinars, with corresponding white papers on the topic, for helping professionals and to beef up its online Counselor/Coach Directory.

Mental Health & Happiness committee, co-chaired by Nancy Buck and Ken Larsen, with the expert technical support of Denise Daub, have exciting plans for 2015, as well. They will be putting their 21-Day Challenges into an eBook for those interested in having them all in one place. They will be working on creating a resource library. They are unveiling a monthly Internet show called, "Profiles in Mental Health & Happiness" and have big plans to continue with the 2nd Annual Mental Health & Happiness Summit online for World Mental Health Day, October 10, 2015.

Overall there are many excellent things happening at WGI-US and we are hopeful you will want to join in. Please do not wait for an invitation. Come one, come all. We are moving into the Participation Age and we want YOU to become as active a part of WGI-US as you want to be. How do you see yourself participating? Let us know . . .



Message from the President



I was “Certified in R.T.” in 1981 when we were still called The Institute for Reality Therapy. Since 1983, I have served on the Institute Board and/or West Region Board. Currently, I am in the last year serving as President of WGI-US. When it was time to write this message, I did a lot of reflecting on the past 32 years.

Those that know me, understand that I have always been one that questions why we do what we do as an organization and then speaks up about what I think needs to change.

Many of you ask, “What does the Institute do for me?” In addition to maintaining a database, website, paying for accounting, legal, etc., I can say that this current WGI-US Board and Kim Olver are doing more to expand ideas and opportunities than I have ever seen. The Quality School Committee has revised and updated the Criteria and created an updated 4-point rubric that will be posted and deployed soon. The Counseling Committee and Mental Health and Happiness Committees have plans in place for this year and will be rolling out some new ideas and opportunities. Others, such as Diversity Committee and Youth Council are continuing to grow and develop.

Partly because of declining training, William Glass International is looking at different processes for Certification and for Instructor status.

While there are problems with the current training process, I would like to address the decline of the Institute as a training organization.

Many tell me that the economy is what caused the decline and that people don’t have \$500 anymore. In my 32 years, there were many other periods of sluggish economies and training continued. I would like you to consider one factor that I believe has contributed to the decline.

Many believe that we are teaching “relationships”. I think that an over emphasis on relationships has taken away from the approach that we can help counselors, educators, etc. build their skills. Relationships are certainly a part of that, but with the heavy emphasis on evidenced-based practices and high-stakes testing in schools, people want skills and strategies to help them cope with increasing demands. I don’t think most people are looking for a new “way of life.”

I am asking that you consider my perception of how to talk about Choice Theory® and Reality Therapy and/or how to market our training.

At the Colorado Springs WGI Conference, Dr. Glasser attended my presentation. I was being pretty blunt about Lead Management, the importance of data collection, etc. One of the participants said that I was being pretty critical of how things were going. Before I could reply Dr. Glasser said, “Hoglund is just putting the reality back in Reality Therapy.” I hope to continue that role this year.

Bob Hoglund
President
William Glasser Institute - US

Rocky Road

By Janet Fain Morgan



There are many moments that I feel the Holmes and Rahe Stress Scale is my daily checklist. Listed are: relocation, losing a job, finding a new job, marital separation (because of all the above, but still powerful, nonetheless), commuting, pregnancy (not me, but my children), children getting engaged and more. I have a house for sale in a state other than the state I am currently living. My three children live in three different states as well. When I talk to my friends (usually on my long commutes from one place to the other) their first question is, “Where are you now?” Guess what? I am not alone. According to David Ancroft Avrck, (How many people move each year-and who are they?) almost 15% of the population, (around 40-plus million people), in the United States relocate every year. Over a million people relocate to another country and over 7 million move to a different state. That is a lot of people that might have a few of those items checked on the Holmes and Rahe Stress list. These people might be a client in your office, a student in your classroom, your new boss, or your new employee.

I’m fortunate. I have choice theory affiliates who ask me important questions such as; “How are you taking care of yourself?” Sometimes it’s difficult to answer because sometimes it’s difficult to take care of myself. I grasp onto the things that enrich me; like church. I belong to three churches at the moment and while I would like to devote more of myself to one church, it just isn’t possible. Funny thing is that I really enjoy all three. Each one offers what the other two do not and when I am in a certain location I make sure I meet people so that I have a church family to sustain me no matter where I am. My work on the international board keeps me very busy. I meet online with Bette Blance from New Zealand, Ellen from Canada, and Nancy Herrick from the US to work on the Take Charge Program, a workshop designed as a tribute to Dr. Glasser. Not to mention the US Research committee work with Mike Fulkerson from Kentucky, Beverly LaFond from Texas and Jeri Ellis from Georgia. We are diligently working on a proposal for CT/RT to become an evidence-based therapeutic model. Terri Allen, Chair of William Glasser-US Research and I collaborate on a quarterly online research symposium. William Glasser International meets monthly for three (sometimes more) hours a month. Preparation for this in-depth meeting is extensive and includes writing policy, checking the website, answering research questions and working on numerous committees. I have WiFi in each place I travel so I am sure to connect.

Even though I know CT/RT, it is helpful that my friends ask me how I’m doing. Because I’m moving from place to place (at the speed of light, it seems). I need to self-evaluate my role in current relationships and make sure I’m paying attention to how I’m meeting my basic needs. If one of the 40 million people who relocate annually happens to be in your office, classroom, church, exercise class, grocery store or bank please extend a hand at helping them feel welcome. You just never know the road they may have traveled getting to you.

Youth Council

By Jaime Chambers



The William Glasser International conference (July 11-13, 2014) was a success for the organization and especially for the Youth Council. Members of the Youth Council, Miranda Galbreath, Shruti Tekawni and Jaime Chambers, were present to express their ideas for the future, but also there to recruit new members. This was a success! The YC now has members from all around the world, and represents different chapters within the William Glasser Community. What all the members of the WG-YC have in common are we are motivated, want to make a difference and find ways to attract more individuals from the “Youth” generation.

Times are changing, and our youth is the hope for our future. We value and believe in CT/RT and know other youths will follow if we find a way to relate to them. One way we believe this can be accomplished is changing the packaging without changing the underlying concepts. What is meant by changing the packaging is using more examples that are relatable to a younger generation. We asked each other what created the AHA moment in us, and we concluded that it was stories that were similar to what we experience, jokingly we stated drugs, sex and rock ‘n’ roll. Lifestyles and problems are changing and what the youth deal with now is different than what their parents faced at their age. With this being said, we believe incorporating more examples of situations that are relatable to youth will be beneficial for attracting a younger generation. We also thought the WG-YC could create role play videos done by youth about youth situations.

WG-YC has created a Facebook page, CHOICE THEORY FOR YOUTH, please visit our page and follow us. A special thanks goes to Koji and Kazuhiro from Japan for creating and maintaining the page. Blogs will start to be incorporated in the page. The council has requested each member to write a blog or story about how they have used choice theory in their lives. Someday we thought maybe we could turn some of the stories into videos. We believe this will be a starting point towards getting examples of using choice theory that are relatable to a younger generation.

One thing the WGI-YC council really liked was the Take Charge of Your Life program. We liked how the material was presented and seems relatable to all ages. We weren’t sure what the plan was for this program, but we thought that it would be a great way to start the basic week or turn it into a seminar that takes the place of the basic week. Cost is always a big concern for the youth council, since most of the members are just starting their careers. We are always looking for ways to reduce cost without reducing the effective and efficient training. With that in mind, the WGI-YC is brainstorming ideas of ways to fundraise money that can be used for scholarships for people that can’t afford certification on their own.

The youth council is passionate about the success of the Institute for the future. We are in the process of creating a signup page on the William Glasser website, where individuals that want to join can sign up. Until this is done, new prospective members should email Jaime Chambers at jaimeraechambers@gmail.com. We are planning on having a virtual meeting in the next month or two to touch base and have a forum to present all our ideas. The committee has doubled in

size since the WG International Conference and we are looking forward to all we will conquer in the next year and looking forward to seeing each other again in 2016.

WGI Diversity Council 2014 Summary

By: Gloria Cissé, LPC, LMSW, CTRTC, TF-CBT Certified Therapist
Chair WGI Diversity Council



Happy New Year! What an incredible 2014! It hardly seems possible that another year has come and gone but here we are at the start of a new year and looking back on our accomplishments for the year just past.

In 2014, our committee agreed to accomplish several tasks – Facebook page, blog posts, and “Difficult Discussions in Diversity.” We wanted to have a “virtual” presence. We have a Facebook page with more than one hundred followers, most of whom are unsolicited. We have been able to publish some blogs. We have conducted a “Difficult Discussion in Diversity” every month for the last four months with topics ranging from religious differences to military culture. Many of

these discussions were co-facilitated by individuals who were introduced to Choice Theory/Reality Therapy when asked to participate in these calls.

Many of the tasks accomplished in 2014 were completed because of the support of other members of the WGI community. Kim Olver was a tremendous support in all of our efforts. Vanessa White has agreed to assume the responsibility for our blogs. Sylvester Baugh graciously submitted a blog post for us. Dannette Patterson has been incredibly helpful in assisting in identifying individuals around the country who would be interested in our “Difficult Discussions.” With the help of Ken Larsen, there was a video produced to introduce the council to individuals who visit the WGI website.

We have accomplished a great deal this past year but we have only just begun. In the coming year, we hope to have more meetings (virtual of course). We plan to enhance our Facebook page – including more pictures, quotes, completing the profile, and adding a profile picture. We also hope to have more relevant content that will draw additional likes. We hope to increase our number of likes by at least 10% in 2015. We plan to have more guest bloggers so that we can increase the number of blogs uploaded to at least one per month. We have guest facilitators planned for the next six months on our “Difficult Discussions” in diversity calls.

We are in this together. Nothing significant happens in isolation. We need the support of all of the members of the William Glasser Institute to make this process a success. Our membership is not limited to individuals who are considered a part of a minority group. No great movement can be successful without allies. We cannot spread the word that WGI is the organization it is, for everyone, without all of your support. We can teach the world Choice Theory if we learn to teach it in a way that it is received by everyone. We can teach the world Choice Theory if we do not limit our teaching to those who look like us, speak like us, or have a similar understanding of the concepts as us. It would be so helpful to hear about others who decide to join our efforts because one of the board members suggested it to them. Also, it would be nice to hear your

voices on one or two of our calls. The day and times for the calls are: Third Saturday each month at 2 o'clock Eastern. See you there!

Look forward to seeing more from our council. We look forward to continuing to assist the Institute in teaching the world Choice Theory.

Golf, Stimulus/Response, and Lead Management

by Bryan Zeman

I don't know how many people noticed but my guess is that if you pay attention to the golf world and are involved in Choice Theory you would have simply shaken your head at the interviews and reports from Gleneagles.

The Ryder Cup result is a good illustration of how imbedded Stimulus-Response is as the operating system of belief in people around the world. The fault for less than hoped for results belongs to what someone else did or didn't do, not in how individuals chose to apply their skills.

The American team lost to the European team. They were outplayed when and where it mattered. Later Phil Michelson told the media about how Tom Watson didn't motivate the players, didn't invest them, or organize them into "pods" so they could come together and win like they did a few years ago. Watson on the other hand apparently thought that berating the team for their poor play would somehow motivate them to better performances. The Europeans said they had fun (a basic need) and the whole result was they won and the US didn't.

I read quite a few articles media people wrote about these events in particular and the outcome of the Ryder Cup in general. There were a lot of opinions. No one mentioned or challenged the belief system on which the problems actually rested. No one questioned the fundamental flaw in how a Cause and Effect system cannot result in anything different unless the system is examined and changed to reflect how we really behave.

Choice Theory is based on a few fundamental concepts that are significantly different from this type of thinking. Glasser explained how we are all internally motivated and behave as we do for our own reasons. (Each of the team played his game as he saw fit based on his own perception and skill level at that time.) He showed how the only behaviour we can control is our own. (No amount of cajoling, insulting, yelling, or even enthusing will change anyone's behaviour without their choosing to behave differently.)

In a Choice Theory world, the players would say they volunteered to be there and how they played was their doing. The Captain would know that no amount of external verbalizing would motivate anyone to want to do or play differently than they already did. In a Lead Management system they would have worked together to see how they might maximize their individual and collective talents to challenge their European opponents, knowing fully that players who played better would generally win in the various partnerships and competitions.

The whole affair shows how much work we still have left to do to "teach Choice Theory to the world."

Subtly Teaching the World Choice Theory

by Judith Ashley Klefman



My first Basic Week (4.5 days) was in August 1978 so I've been around awhile, that was even before Choice Theory. I clearly remember friends and family telling me to "stop therapizing me" when I'd start asking them a bunch of questions (think the old Reality Therapy steps or today's Procedures that Lead to Change).

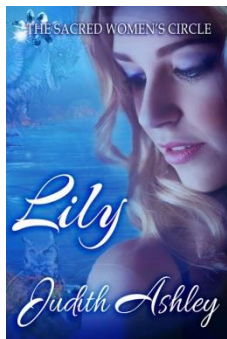
How do I teach Choice Theory to the World when I'm not a teacher, supervisor, therapist or counselor? That's where the word "subtle" comes in. I'm now a multi-published author of romantic fiction or romance novels. I also teach workshops for writers and I blog.

Workshops first: Writers have to balance their personal, professional and writing lives. Knowing the Basic Needs using the Basic Needs profile created by the Corning, NY project from Dr. Glasser's work helps them figure out where the conflict is. I don't teach the Quality World as such but do have the participants look at other ways to meet a need that is thwarted because of the intrusion of one of their 'lives.' Simply put, if family is complaining they never see mom or dad (yes, there are men who write romance) any more that is a conflict between their personal life and their writing life. Knowing the strength of the basic needs helps them find a solution to bring these various demands on their time and energy back into balance.

I've adapted the Basic Needs profile for characters. In this workshop the writers "become" their main characters and complete a needs profile for each of them. We then talk about the 'natural conflicts' – one we all know is the couple where one has a high love and belonging need and the other a high freedom need. We also talk about the Quality World, although I don't always put that label out there. Both main characters have a high love and belonging need but what does that 'look' like? We discuss how just because the needs are matched doesn't mean they "see" the same picture.

Credit is given to Dr. Glasser and a link to the WGI-US website is included if people want to follow up.

In my own writing my characters are faced with every day issues of domestic violence, child custody battles, learning to trust again, secrets from the past being uncovered. The Sacred Women's Circle series consists of seven stand-alone novels. Four are currently available with the fifth due out the end of April.



How do you learn to trust yourself again when your confidence in your own decision-making, ability to assess others is damaged? In *Lily*, the main characters keep talking, keep a hand out to each other. They look for what they have in common and negotiate differences. I kept in mind the 7 Deadly and 7 Caring

Habits as I wrote their interactions, as well as a core principle: Is what I'm doing now bringing us closer or driving us apart.

In *Elizabeth*, I drew upon my 1994 trip to Ireland to attend the International

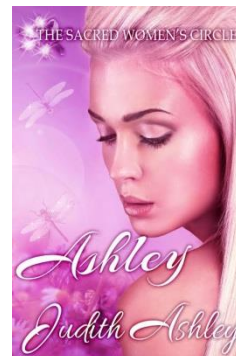


Conference. In this story, the main characters are separated. The hero lives and works in Ireland. The heroine lives and works in Oregon. In this story a key question is “If there was a way to keep your connections with Michael (the hero) and keep your connections to your women’s circle (in Oregon), would you want to explore that?”



In *Diana*, the key decision for the heroine deals with the concept if she wants a different outcome, she needs to make a different choice.

In *Ashley*, the heroine is fighting for her life in a second battle with breast cancer. Again the concept of reaching out, keeping the connection strong, is what I’m doing bringing us closer together or driving us further apart and the 7 Deadly and 7 Caring habits are interwoven in the story.



Currently, I’m writing *Hunter*. Her daughter finds out an old family secret and runs away. How does Hunter find a way to reconnect to her daughter, to sort out the old family secret? She’s already had to find peace with the source of shame and guilt from her past. Again, if she wants her relationship with her daughter restored, what will she need to do different? If it can never be fully restored to how it was, then what?

These are examples of how I’ve woven the concepts (not necessarily the language) into my stories. Most recently, my short story “Is He The One?” was published in Windtree Press’s Valentine anthology “Gifts From the Heart”. As you can see, this one is not so subtle! “Is He the One?” by Judith Ashley

When her best friend and long-time lover proposes, Sophia hesitates to say “yes.” Unable to trust her heart, Sophia analyzes their relationship using Dr. William Glasser’s concept of basic psychological needs. By morning she has her answer.

I also blog and have recently run a series of posts where I apply Dr. Glasser’s concepts to something that is happening in my life. You can check those posts out at <http://www.judithashley.blogspot.com>

You can learn more about my workshops at <http://www.glasserconcepts.com>

You can learn more about my books at <http://www.judithashleyromance.com>

Letter: A worthy mission

By Jim Coddington

I want to commend the Hope Center for its recent presentation at the Wheeler Opera House. Dr. Carl Hammerschlag was an excellent choice to highlight the Hope Center's campaign aimed at erasing mental-health stigma. During his presentation, Hammerschlag avoided dwelling on mental illness and advocated for a biological need to "connect with each other."

It's interesting to note that Hammerschlag's stance on mental health has many similarities to the work of Dr. William Glasser. A true pioneer in the field of psychology, Glasser, the creator of reality therapy and choice theory psychology, has challenged many of the traditional values and beliefs which he referred to as the "flat worldview of psychology" embraced by many of his colleagues. Glasser, a board-certified life member of the American Psychiatric Association, practiced private counseling for 32 years. While working with his clients, Glasser utilized reality therapy. This model of intervention is based on choice theory — a belief system that explains how and why we behave.

Read more: <http://www.aspentimes.com/opinion/letterstotheeditor/13907107-113/glasser-health-mental-choice>

Change in Leadership for Sunbelt Region

The Sunbelt Region would like to give our warmest thanks to Beverly LaFond who is the outgoing board member representing our region for the past three years. Beverly has been tireless in pursuing the mission of Dr. Glasser in our region. Her enthusiasm and support for WGI-US and the Sunbelt Region is admirable and very much appreciated. She has been greatly involved in recruiting new members, keeping in contact with the tenured ones and making sure that everyone is informed about the latest news regarding WGI-US. She also has such a pleasant, and grandmotherly, way of reminding members to follow through with what they have promised. Her efforts alone have done much to keep the passion for CT/RT alive within the Sunbelt. She will surely be missed as our representative to the Legal Board, but we will count on her to remain active within the organization.

Jan Moré has replaced Beverly on the WGI-US Legal Board, effective January 1. She also serves as the President of the Sunbelt Region. Jan earned an M.A. in Professional Counseling from Texas State University in 2009 and has recently obtained her LPC license. She is establishing a private practice in Austin, TX. Jan is fairly new to the WGI-US family and was certified in Choice Theory/Reality Therapy at Los Angeles in 2012. Counseling is Jan's second profession as her undergraduate degree was in Chemical Engineering from Rice University. She spent over 30 years working in a technical capacity, during which she enjoyed identifying and developing the potential of her peers and direct reports.

Jan held numerous leadership positions during her working career. The most rewarding of which was when elected as Chairwoman of the 3M Austin Women's Forum, one of whose goals was to "address the issues of diversity challenging women in the workplace." Under Jan's leadership, the organization hosted the first "Diversity Day", which was a huge success and earned great

respect from the executives at 3M Austin Center. She was then asked to serve an unprecedented second term for the Austin Women's Forum by the Corporate Services and Executive Vice Presidents due to her leadership ability.

During Jan's tenure at 3M as a Quality Engineer and Quality Manager, she learned about W. Edwards Deming and his 14 Points for Management. She utilized these methods in leading and coaching her direct-reports and in managing product development teams. These methods were considered a "breath of fresh air" as described by one of her direct-reports as she was always respectful of their ideas and encouraging of their abilities. Jan held the official title of "manager" for about 15 years, but was recognized for her ability to lead and motivate people during her entire professional career.

Jan thoroughly enjoyed leading people, but tired of the ways of a large corporation. She then decided to pursue a degree in counseling since she enjoyed helping and developing people. Once Jan was introduced to Dr. Glasser and Reality Therapy in her studies, she knew this was the path to follow. Jan retired from corporate life after 33 years of service and is now committed to teaching the world about Choice Theory. She is excited to have been provided the opportunity to serve on the WGI-US Legal Board and to serve in a leadership role for the Sunbelt Region.

What's New in the Mountain States Region (MSR)?

By Nancy Buck

After months of hard work and collaboration by many, we are proud to announce our new website, www.glassersmr.com. Check it out.

Our efforts didn't stop there though. We now have our new page on Facebook, Choice Theory MSR. Please visit and like us.

We would appreciate your sharing this information with others.

The Mountain States Region is embarking on a new fundraising endeavor. Our plan is to partner with Bristol Brewing, a local Colorado Springs brewery. This local pub holds something called Karma Nights which is their way of supporting non-profit organizations. For every beer sold, Bristol donates one dollar to the featured non-profit organization of the evening.

Not only will we be collecting donations, we are invited to set up our table at the entrance of the pub for promotion and networking. For now we are in the process of organizing a Karma Night for WGI/MSR

This local watering hole is a popular local spot in a renovated school. The date for this event will be posted on our website and Facebook page so be sure to come join us for the evening and enjoy a beer for a good cause.

2015 Training Dates for Colorado:

Basic Intensive Training:

March 20 - 22

Jerry Noel, Instructor

Colorado Springs

March 27 - 29

Nancy Buck, Instructor
Denver Metro Area

June 22 - 25 (2 different locations)

Jerry Noel, Instructor
Colorado Springs
and
Nancy Buck, Instructor
Denver Metro Area

July 30 - August 2

Nancy Buck, Instructor
Denver Metro Area

October 16 - 18

Jerry Noel, Instructor
Colorado Springs

Lesson Learned!

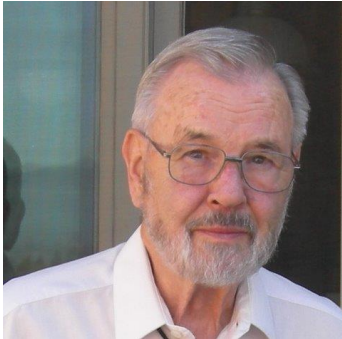
The absence of a watermark does not mean images on the Internet are free for the using. Taking an image without permission is akin to taking someone's article without permission. We have had two recent issues with having to pay a license fee for images used mistakenly without permission and are hoping to save any of you from the same consequences. WGI-US had to pay \$300 to a photographer for an image we used on the MHH blog. This occurred because one of our writers erroneously thought the images at Google were royalty-free and this simply is not the case.

We are providing you with this notice to let you know of our error and also to inform you of the danger of using images for which you do not have a license Please be sure you are paying to use any images on your website, in newsletters, email or in any printed material. And be sure to read the license restrictions. You can get permission to use something on your website, but it does not give you permission to use an image as a logo, for example. You can Google “royalty-free websites for images”. You will likely still need to pay a small fee to use an image. Please be aware of these important restrictions and be mindful or you may have to pay much more for the inappropriate use of images.

In Memoriam

Remembering Tom Smith

By Frank Dunn, 12/15/14



It was with a great sense of sadness to hear that our friend, colleague, and mentor, Tom Smith, died on December 7, 2014 at the age of 84. Sharon, Tom's wife, reports he was fairly content until he recently began to experience extreme pain. She went on to say, "With the help of the Pikes Peak Hospice team we were able to get it under control and make him comfortable. He had the love and support of lots of family and friends throughout his journey."

Tom will be greatly missed by all members of the William Glasser Institute for his many years of productive service as Mountain States Regional representative to the WGI Advisory Board and for his worldwide influence as a WGI Senior Faculty Member. I was privileged to know and work with Tom for over 30 years. I knew him as an honest, forthright, caring man with a desire to serve the CT/RT community to the best of his ability. His influence will remain with me forever.

A few other remembrances from members of the Mountain States Region Board which sum up the appreciation of many: Amy Hartman remembers Tom as "... a good trainer, and more than anything, he knew how to spark interest and passion for CT/RT. . . . a kind hearted man who served so many individuals, addressing behavioral health issues and making connections." Molly Merry wrote, "He had a quiet, intuitive persona that exemplified CT/RT. He not only took the time to teach, he was also learning about us which was evident in his feedback which had a depth of insight into our individual style. Through Tom I learned to look deeper and listen with more than my ears."

Jerry Noel wrote, "The biggest things I'd like to say about Tom is that he seemed to me to be very loyal and honest and no matter whether you agreed with him or not, you always knew where he stood." Nancy Buck recalls Tom as "an Honorable and thoughtful man. Often we would stand on opposite sides of thoughts, ideas or positions. I always appreciated his willingness to work with me so that we each understood the other's point of view and position, most often resulting in us agreeing to disagree. He is missed."

Sharon is asking those who would like to make memorial donations to do so through the Wounded Warrior Project (<http://www.woundedwarriorproject.org/Donate>) or to Pikes Peak Hospice Foundation (2550 Tenderfoot Hill S., Colorado Springs, CO 80906). In celebration of Tom's life and accomplishments.

Remembering David Lee

By Brandi Roth and Bruce Clemens

A tribute in memory of our friend who died peacefully on January 28, 2015

With sadness we tell you of the death of David M. Lee. David's disease was incurable ALS. His stereo photography is recognized and collected worldwide. His work can be viewed on his website at www.davidmleephoto.com. David was 64 years old.

David was also an avid handball and ping pong player. He was grateful for his devoted family and friends. David passionately taught Choice Theory and Reality Therapy ideas to mental health groups, to his private psychotherapy clients, and as part of his work with challenged youth. Many lives have been deeply touched by David. David's life is a reminder of the importance of passion, reading, devoted friendships and family. David was an avid hiker. He never wavered when multitudes of strangers asked about his complex stereo photography equipment which he carried with him. He handed them a paper stereo viewer and invited them to take a look at photos on his website. He waited patiently while everyone else took their photographs. If there were any questions about cameras, he would explain and offer help.

David's gentle presence will be missed forever. Our loving sympathy is extended to Debbie, Rebecca, David's family and friends. His wife Debbie Kogan Lee and daughter Rebecca Kogan Lee can be reached at Debbie_kogan@sbcglobal.net.

Outgoing Board Members

We would like to thank Beverly LaFond and Peter Driscoll for their years of service on the WGI-US board.



- Glasser-champion, devoted and dedicated
- The Great Encourager
- WGI-US' Welcoming Committee
- Treasurer
- Singlehandedly got WGI-US incorporated
- Established WGI-US as a 501(c)3 not-for-profit corporation
- Helped with the 2013 Buffalo Conference
- Kind, quiet exuberance
- High integrity
- Professional quality of Bea & Jim Video as therapist



- Courageous
- Has a strong values-orientation
- High integrity
- Thoughtful, discerning visionary
- Kind, modest and humble
- High integrity
- Member of the Quality School Committee
- Instrumental in revamping the GQS Competencies and creating a rubric for such

Incoming Board Members



We would like to welcome Jim Mishler, Midwest Region and Janette More, Sunbelt Region to the WGI-US board.

WGI International Board



We would like to thank Nancy Buck for her years of service on the WGI Board

- Chair of the Communication Committee
- Author of Communication Policy
- Strength and Knowledge to deal with a sensitive issue
- Proposed a consensus process for decision-making



and welcome Brian Patterson to the board.

New Certifications

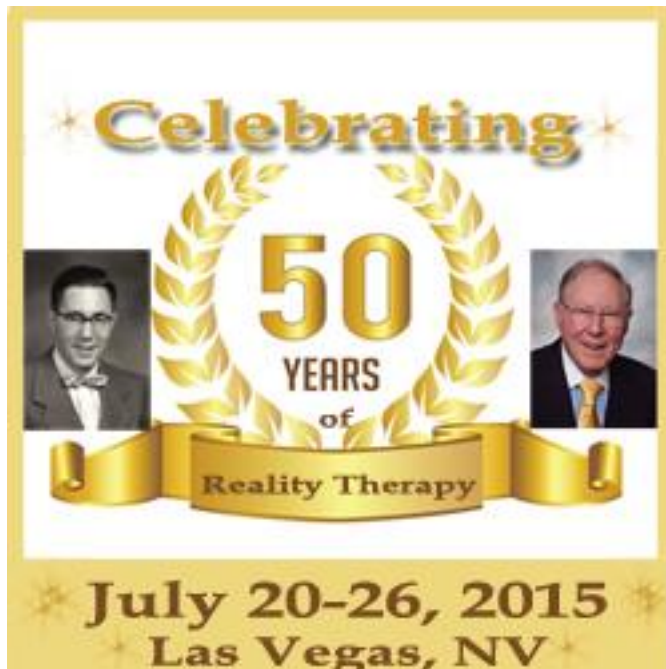
Virginia

Maggie Hammond
Gail Phipps
Jamie Brown
Mary Loughran

Tennessee

Nakeshi Dyer
Laurie Brooks

Upcoming Events



Embassy Suites

**This is located off the strip at a non-gaming hotel; however if the strip is what you want, you are a brief taxi ride away.

July 19th-22nd- Certification, Practicum Supervisor, Basic Instructor training, Practicum Supervisor and Basic Instructor Endorsement

July 20th-22nd - Basic and Advanced Intensive Training

July 22nd - Leadership and Faculty Day & Take Charge of Your Life workshop

July 22nd - 25th - Conference

July 26th - Board Meeting

Five-Year Conference Schedule

2016 - International Conference - Korea

2017 - US Conference - Southeast Region July 19 - 22

2018 - International Conference - TBA

2019 - US Conference - Midwest - July 17 - 20

2020 - International Conference - TBA



This newsletter is published quarterly by WGI-US.

Submissions for consideration can be sent to kim@wglasser.com

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