

# WGI Midwest

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October 2014



**The William Glasser Institute is hosting an event this Friday that you will not want to miss. Click on the banner above to register.**

## Take Charge of Your Life!

There is a new 6 hour Glasser Tribute class being offered in countries throughout the world. James Mishler, our next regional director, is offering one at the Pere Marquette Library in Clare, MI on October 21-24; click above for registration information, or see more details on page 2.



WGI-Midwest held a one day conference on June 21, 2014 in Indianapolis Indiana. See page 3 for more details on this and on the WGI-International Conference held this past July in Toronto. See other upcoming events P4.

# Take Charge of Your Life!

## A Unique FREE 6 hour Workshop

### Help you to...

- Gain effective control over negative feelings such as anger, guilt, depression and choose more positive thinking behaviors
- Become more self-accepting and less critical of others
- Learn specific techniques for resolving conflict -inside oneself or with others
- Add happiness and connect better in important relationships



### Some topics discussed during sessions:

- Knowing what you can control and what you have no control over
- Needs, wants and things that are important to you
- Relationship Habits
- Perceptions that shape our reality
- Behavior Choices

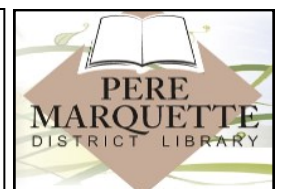
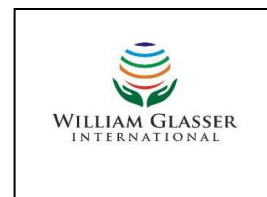
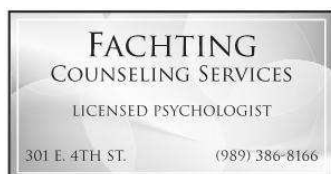
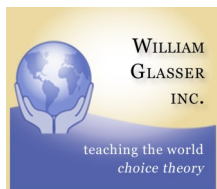
This **free** series of workshops is based on the award winning book ***Take Charge of your Life*** written by the late Dr. William Glasser. Dr. Glasser was a champion of Mental Health and personal responsibility. This workshop is a tribute to his legacy. Your trainer for these sessions is James A. Mishler, MA from Clare, Michigan.

Session	Dates	Time
Session One	Tues. Oct. 21 & Thurs. Oct. 23	6 PM to 9 PM
Session Two	Wed. Oct. 22 & Fri. Oct. 24	9 AM to 12 PM

Besides the valuable knowledge you will learn, this workshop series also includes a light snack, a participant booklet and the opportunity to purchase Take Charge of Your Life book at a 50% discount (purchase is not required).

If you are interested in attending these sessions please sign up on line at [www.PMDL.org](http://www.PMDL.org) webpage

### Sponsored by



## Glasser Midwest Region Newsletter submitted by Bernadene Zennie

### **Glasser USA Midwest Regional Conference**

The Midwest Glasser Region held a one day conference on June 21, 2014 in Indianapolis Indiana. ***Affordable, Accessible and Interesting*** were the hallmarks of the gathering. Approximately 20 attendees enjoyed a day of sharing ways we, as professionals and Choice Theory “students” use Choice Theory in our work and in our lives.

One notable attendee is a parent of a child in a Glasser Quality School! He attended to learn more about the way of life [and CT is a way of life although not a “cult” haha] that marks those who use Choice Theory, as he is very involved in his child’s education and learning.

The program included prepared talks by those of us who use CT in our work. So interesting and well prepared were the presentations that one frequent remark among us was that an hour for the presentations was *not enough time* to get all the info presented and all the questions answered by the attendees! Lots of networking and sharing of resources were the serendipitous results of these presentations.

Many thanks to Victoria Harris and Joy McGarr for arranging the venue, getting the lunch, snacks and accouterments required for this successful and well enjoyed conference. We also appreciate Victoria’s donation to the food fund. Thanks to Christine Ziegler and Christine Deel for organizational support.

No conference can take place without a venue, for this we want to thank Pastor Paul Mooney of Calvary Tabernacle Church, Indianapolis, IN along with Calvary Christian School Principal Charles Barcus who graciously donated the use of the Pastor's Café to host the Midwest Regional Conference. The facility was inviting and spacious. The hotel, across the street, made getting to the meeting very easy.

The Friday night event was held at Pure Eatery with great food and fellowship. Followed by a time in Fountain Square listening to street music and a stroll on the beautiful Canal in downtown Indianapolis.

We are in the planning stages of another one day conference in 2015!

### **Midwest Region attendees to WGI International Conference Toronto, Canada July 9-13, 2014**

**What an opportunity:** an *International conference* practically in our own backyard! Unsurprisingly, many attendees at the International Conference were from the Midwest region. Particularly in the light of the *next* International Conference being scheduled in Seoul, Korea in 2016. This was a wonderful way to make new CT/Glasser friends and renew old acquaintances and friends from previous Glasser conferences and cert weeks. As usual, the planners, WGI Canada, had a wonderful slate of programming, catered meals [the food was more than excellent!] and, as we know is one of our basic genetic needs, FUN!

I can hardly think of anything I’d rather do than spend almost an entire week of learning time with “Glasser people” in an exciting and truly International city like Toronto.

***A lot of important information was communicated to attendees at the conference.*** If you did not attend, be on the lookout for information pertinent to membership, conferences etc.

One of the keynotes was given by Jim Roy, Bill's official biographer, about the making of his book William Glasser Champion of Choice- a poignant and heart filled story.

### **WGI-Midwest Certification Week Held in Cincinnati**

Thanks mainly to the support of Robert and Sandie Wubbolding, the Midwest Region was able to host a Certification Week, August 2-5. Our certification group consisted of Elif Emir Oksuz, Jamie Bockelman, Barbara S. Laidlaw, Elizabeth Marlatt and Emily Cahill; the instructor was Michael Fulkerson. Please welcome these newly certified members to our region when you see them at future events.

### **Upcoming WGI-Midwest Events:**

<b>Take Charge of Your Life</b> October 21 & 23; 22 & 24 Pere Marquette, MI	Instructor and Contact: James Mishler woodviewlearning.com <a href="http://pmdl.org">pmdl.org</a>
<b>Basic Intensive FOUR DAYS</b> November 1,2,8,9 2014 Bemidji, MN	Instructor and Contact: Judy Comstock Magness 218-766-8678 <a href="mailto:judycomstockwow@gmail.com">judycomstockwow@gmail.com</a>
<b>Basic Intensive FOUR DAYS</b> November 3-6, 2014 Chicago, IL	Instructor and Contact: Kim Olver 708-957-6047 <a href="mailto:kim@choicetheorycentral.com">kim@choicetheorycentral.com</a>
<b>Basic and Advanced Intensive</b> January 15-17, 2015 Owensboro, KY	Instructor and Contact: Michael Fulkerson 270-689-6681 <a href="mailto:mikefulkerson@rvbh.com">mikefulkerson@rvbh.com</a>
<b>Basic and Advanced</b> March 20-22, 2015 Detroit, MI	Instructor and Contact: Peter Driscoll 269-967-7082 <a href="mailto:driscollhp@gmail.com">driscollhp@gmail.com</a>

The Midwest Board is in the process of planning a Practicum Supervisor Training as well as the 2015 Midwest Conference. Let us know if you have interest, questions or input on these events.

That's all the news for now in the Glasser US Midwest Region. Please send any news or other offerings for the newsletter to: Bernadene Zennie RN, M.Ed. , RTC at [bazennie@gmail.com](mailto:bazennie@gmail.com) or Peter Driscoll, at [driscollhp@gmail.com](mailto:driscollhp@gmail.com)